

Julie Miller Jones



Dr. Julie Miller Jones, a board Certified Nutrition Specialist and Licensed Nutritionist, received her BS degree from Iowa State University and her Ph.D. in Home Economics and Food Science and Nutrition from the University of Minnesota. Currently she is a Distinguished Scholar and Professor Emeritus of nutrition in the Department of Family, Consumer and Nutritional Sciences at the St. Catherine University in St. Paul. She has twice been named St. Catherine's outstanding professor. Alumnae awarded her The Myser Award for a professor 'who made a difference in people's lives.'

Dr. Jones has authored Food Safety (Eagan Press) and edited a book Dietary Fibre: Food and Feed and Bio-active Ingredients. She is very interested in all aspects of nutrition science but is especially interested in whole grains and food-based solutions such as the DASH diet. She regularly writes and speaks about whole grains and dietary fiber, gluten intolerance, carbohydrates, sugars, starch including resistant starch, the glycemic index, fat, vitamins and antioxidants; whey, food safety issues such as microbial safety, irradiation, pesticides; and issues affecting women such as dieting and body image.

She is a frequent speaker for many professional conferences and consumer organizations, locally, nationally and internationally at conferences such as the International Dietary Fibre Conference held in Vienna, Austria in 2009. She has co-chaired and sits on the scientific committee for many international conferences.

In addition, she is actively involved in trying to educate the consumer against frauds and myths in nutrition and food safety. To that end she has appeared on radio and TV shows in many cities in the United States has answered hundreds of consumer letters in the FIXIT column of the *Minneapolis Star and Tribune*.

Dr. Jones has been active in many professional organizations. For the national American Association of Cereal Chemists (AACC)- International, she is past-President and Chair of the Board of the national organization and has served in many capacities both nationally and locally. Currently, she heads the Whole Grains Task Force and led the Glycemic Carbohydrate Definition Committee. She has been awarded the highest award of the AACC, the Geddes Award in 2004 and named the Twin Cities Home Economist of the Year in 2006. From 2005 to the present, she serves as a judge for the GrupoBimbo prize for the best academic nutrition paper.

She is a scientific advisor for many organizations including the EU HealthGrain Platform on Whole Grains, Carbohydrates and Dietary Fibre, the Joint Institute of Food Safety and Nutrition for the University of Maryland and the US Food and Drug Administration, the carbohydrate committee of the International Life Sciences Institute of North America, the Grains Food Foundation, and the California Fig Advisory Board.

Dr. Jones is passionately interested in food and has taught cooking and beginning food science (with labs for 35 years), Intercultural Family Food Patterns: Western, Intercultural Family Food Patterns: Eastern and African (both with labs), experimental foods. She is a James Beard Judge and has participated in the World of Healthy Flavors

at the Culinary Institute of America (CIA) for five years and the Produce for Better Health event also at the CIA. She has worked with the *Minneapolis Star and Tribune* Taste section and judged recipe contests for the paper.