Tanya Remer Altmann, MD, FAAP

A leading medical authority for the popular press and entertainment industry, Dr. Tanya Remer Altmann is a best-selling author, parenting expert and media spokesperson. A working mother and UCLA-trained pediatrician who practices in Southern California, Dr. Tanya is a designated spokesperson for the American Academy of Pediatrics, communicating complicated medical issues into easily understood concepts.

As a child health expert for numerous news programs and talk shows including Today (NBC), A Place of Our Own (PBS) and KTLA 5 Morning News @9 (CW Los Angeles), Dr. Tanya has discussed breaking medical news stories and controversial parenting issues. She stays on the cutting edge through her position as a Clinical Instructor at Mattel Children's Hospital at UCLA, as the pediatric advisor for the Newborn Channel and her private practice.

Mommy Calls: Dr. Tanya Answers Parents' Top 101 Questions About Babies and Toddlers, hit several best sellers' lists after its release last fall. She is also Editor-in-Chief of the American Academy of Pediatrics' parenting book The Wonder Years and Associate Medical Editor of their best-selling Caring for Your Baby and Young Child: Birth to Age 5.

When parenting questions arise, Dr. Tanya has the answers—she has been quoted in more than one hundred periodicals, including *Newsweek*, *USA Today*, *Los Angeles Times* and *Parents* magazine. Her popular parenting workshops help parents through day-to-day child rearing challenges, and she responds to concerned caregivers and blogs on controversial topics on the iVillage website, Momtourage, and the MSNBC website TODAYMoms.

Dr. Tanya has served on the board of the National Association of Medical Communicators and is currently on the executive board of the American Academy of Pediatrics' Committee on Communications and Media. She completed her internship and residency at UCLA, received her medical degree from the Sackler School of Medicine and her Bachelor of Arts degree from Claremont McKenna College.